



The Five Senses Activity for Kids

Scratch & Sniff DIY

 Duration: **15-30 min**  Difficulty: **Easy**  Cost: **\$0 to \$5**

Make a scratch and sniff painting to explore your senses!

Material List

- 1** White cardstock, letter size
- 1** Paint brush
- 1** Teaspoon
- 1** Tablespoon
- 1** Cup of water
- 1** Bottle of white glue
- 4** Flavors of powdered drink mix
- 4** Disposable plastic cups
- 4** Stirring sticks
- 1** Pencil

Instructions

- 1** Measure one teaspoon of water into an empty cup.
 - 2** Add one tablespoon of glue to the water.
 - 3** Pour in one tablespoon of powdered drink mix and stir.
 - 4** Repeat until you have four flavors of the glue mixture.
 - 5** Paint a different simple shape with a new paintbrush for each flavor.
 - 6** Let the four designs dry overnight.
 - 7** Use your senses to make observations by scratching and sniffing.
- Warning:** Do not taste the paintings because they contain glue.

How It Works

A scratch and sniff sticker or painting allows you to use more of your senses to enjoy it! The sticker or paint has flavors added to it that we can smell. You can use your nose to smell the flavor, eyes to observe the color of the design, ears to hear the rubbing sound, and your finger to feel the rough texture. Just don't taste it because it has glue in it.